



DFR Newsletter

December 2021



In the fell running calendar, autumn means relay events! Paul Hodgson is our club captain and picks the teams each year. If you are interested in taking part in 2022 then please let Paul know.

Hodgson Brothers Relay

The 'Hodgson Brothers Mountain Relay' is a fell running relay set in the heart of the Lake District Fells every year on the first Sunday in October. The race represents one of the highlights of the fell running calendar with keen racing across some magnificent mountain terrain (always the same route). There is a strict limit on the number of teams allowed to compete each year and it is usually over-subscribed. DFR are privileged to be invited to this event each year.

This year our team consisted of:

Leg 1: Martyn Farnsworth and Tim Wiggins

Leg 2: Duncan Archer and Tom Carter

Leg 3: Rory Woods and Andy Blackett

Leg 4: Max Wilkinson and Graham Thomas

DFR finished 27th overall which is our best placing to date.



Date for 2022: Sunday 2nd October, Patterdale

For more information on the event and its history follow this link <http://hbmr.org.uk>

British Athletics Fell and Hill Relay Championship

Each year a fell running club volunteers to host this event. Teams have 6 members running 4 legs; 2 individual and 2 paired, with one of the paired legs being a test of navigation (the others are all very well flagged).

Unlike the Hodgson Brothers Relay, we can enter as many teams as we like for this event. In previous years we have had men's teams, ladies' teams, veterans teams and mixed teams.

This year we had a men's team (Andy Blackett, James Osborn, Rory Woods, Max Wilkinson, Dan Hoyle and Tom Dobbing) and a mixed team (Fran Blackett, Denise Tunstall, Meghan McCarthy, Steve Lumb, Martyn Farnsworth and Andrew Stimpson). A full report of our day out is on the club website <http://durhamfellrunners.org>



2022 host and date: Carnethy Hill Runners (Edinburgh), Saturday 15th October

Winter Club Races

A full table of results for both races can be found on the club webpage.

Bollihope Carrs organised by Andy Blackett

This was a new race for the club this year. The route has been created by Andy and it took some dogged determination to get the relevant permissions which made the success of the race even more rewarding. This is a true fell race in that there are few paths, plenty of route choice and not a flag in sight. It was great to see runners cross the finish line and then immediately start conversations with fellow finishers about lines that they had taken during the race; most with smiles on their faces! Well done to Chris Alborough for his second win in a time of 52:37. Meghan McCarthy was the first lady home in 1:11:45.



Silent Night organised by Andy Blackett

Silent Night is the dark festive cousin of our summer Chapelfell Top Race. It is run entirely in the dark on an unmarked route. This year we had 11 competitors (all are thoroughly vetted for navigation and hill experience) who took on this unique race. Chris Alborough made it three wins out of three fell races entered in an impressive time of 39:26.

DFR Club Championship Result 2021

Our winners this year are Andy Blackett in the Men's and Denise Tunstall in the Ladies' competition. Andy is on a five year winning streak in the men's race despite a great effort from Paul Hodgson this year.

It is always great to have a big club turn out at the champs races so have a look at the list below and get the dates in your diary.

Full rules are available on the website but the general gist is that points are available for best short, medium and long performance from a selection of 9 races. You can run in as many as you like! First up is High Cup Nick which is a great route. Get your entry in now to avoid disappointment as it is always a very popular race.

Club Championships Races 2022

Short

Carrock Fell	Sunday	13th March	Lakes	AS
Kettlewell Anniversary	Thursday	9th June	Dales	AS
Osmotherley Show	Saturday	6th August	NY Moors	BS

Medium

High Cup Nick	Saturday	26th February	North Pennines	BM
Guisborough 3 Tops	Saturday	30th April	NY Moors	AM
Fellside	Wednesday	20th July	Lakes	AM

Long

Bilsdale	Sunday	20th March	NY Moors	AL
Wasdale	Saturday	9th July	Lakes	AL
Tour of Pendle	Saturday	19th November	Lancs	AL