

DURHAM FELL RUNNERS' CLUB CHAMPS RACES 2024

SHORT RACES

Saltwell fell race, 9km 300m ascent, **Date TBC but it's usually second week of July**

<https://www.saltwellharriers.org.uk/races/saltwell-fell-race/>

- This is a super local race. It is definitely suitable for people just starting out.

Dufton show race, 8km 460m ascent, **Sat 31st August**

- I have not done this race before. It will have some short sharp climbs in it. Also the benefit of the show to enjoy before/after.

Really Wild Boar, 9km 450m ascent, **Sat 7th December**

- I have not done this one either but I will be getting it on my calendar. I read a blog that inferred that the ground was super rough over pathless sections and that compass skills would be needed for navigation if visibility is poor.

MEDIUM RACES

Cod Beck Canter, 16.5km 573m ascent, **Sunday 4th Feb**

A race map can be seen here

<https://www.facebook.com/photo/?fbid=690185662896540&set=a.574648894450218&paipv=0&eav=AfYUSelphthypBdroaSxcVEEmqY->

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- This is organised by Esk Valley. It looks to be mostly on paths/tracks. It looks accessible to most.

Buttermere Sailbeck, 15km 1315m ascent, **15th June**

- English Champs race this year
- The stats do the talking. This is a tough Lakeland race with plenty of ascent over a relatively short distance. From the website 'Buttermere Sailbeck is a classic tough, rough fell race! It packs in over 4000ft of climbing into just over 9 miles so is not for the faint hearted! Starting from Buttermere Village, the route climbs onto the Knott Rigg before traversing the ridgeline of Ard Craggs and dropping down into Rigg Beck. A brutal climb back up onto Causey Pike leads way to a stunning and airy run across Scar Craggs to Sail and Crag Hill. From here, the descent begins over Whiteless Pike and all the way back into Buttermere – a long and exhilarating descent!

James Herriot run, 14km 305m ascent, **Sun 28th July**

<https://www.rotary-ribi.org/clubs/page.php?PgID=248055&ClubID=254>

- I don't know anything about this race but 14km with 305m ascent is very runnable.

LONG RACES

Durham Dales Challenge, 25km/50km, **29th June**

<https://ldwa.org.uk/Northumbria/W/9194/2024-durham-dales-challenge.html>

- Time limits: 12 hours for the 50Km route, and 9 hours for the 25Km route.

Mini Mountain Marathon, **date and location TBC**

- These events are all about navigation. You will have 4 hours to find as many checkpoints (where you dib and collect points) as you can. The person with the most points wins.

Two Breweries, 30km 1500m ascent, **Sat 28th September**

<https://www.scottishhillrunners.uk/Races.aspx?RaceID=RA-0103>

- Again, I haven't done this race before but I am quite excited by it. Although it looks like it will probably be a toughie!